



2026 Fee Schedule

Service	Fee
Standard Psychology Session (46-60 minutes)	\$220
Extended Psychology Session (90 minutes)*	\$330
Family session (90 minutes)	\$350
External liaison: any communication with school/university/work/third party beyond a brief letter confirming attendance to therapy - e.g. phone calls, e-mails, reports and written applications for support (e.g. HSC special provisions, university access plans)	Charged at APS/industry suggested rate**
Case conferencing Attending school meetings	Charged at APS/industry suggested rate**
Cancellation and no-show fee*** Within 48-24 hours Less than 24 hours or no-show	50% of session fee 100% of session fee

Payment

Sessions must be paid in full, and I do not offer bulk billing. When you book your first session, you will need to provide your credit or debit card details, which will be securely stored in my practice management system, Zanda, which processes payments through Stripe. Charges will occur only if you attend a session or if a cancellation fee is triggered. If you prefer not to pay via automatic card debit, I accept bank transfers, which must be made 72 hours before the session to allow funds to clear. I do not accept cash payments.

Medicare and Health Insurance Rebates

To access rebates for psychological services through Medicare, you must provide a GP referral letter dated prior to any sessions you intend to claim. Consult your GP to determine your eligibility for Medicare benefits. If eligible, you can claim a rebate of \$98.95 per session for up to six sessions, with an additional four sessions available after a review by your GP. After the rebate, your out-of-pocket expense for a standard session will be \$121.05. I can process Medicare claims on your behalf immediately after payment is made, and Medicare will then deposit the rebate into your designated account. Additionally, sessions may be eligible for claims through private health insurance; please contact your insurer to understand your eligibility, coverage, and claims process.

You are welcome to access services as a private pay client, as GP referrals are not necessary to start therapy. This option is often preferred by those who want to keep their treatment confidential from third parties like Medicare or insurers, or who wish to avoid the medical appointments and paperwork requirements to claim rebates.

*Extended sessions qualify for the same Medicare rebate as standard sessions.

** Current APS rates attached on next page

***The cancellation/no-show fee applies regardless of the cancellation reason and is non-negotiable. I reserve the ability to waive this fee at my discretion, e.g. exceptional circumstances or the session can be rebooked for the same day, but this availability is not guaranteed.

APS National Schedule of Suggested Fees (not including GST) and item numbers* for psychological services

The Suggested Fee Schedule in place from 1 July 2025 until 30 June 2026

Service description		Service time (mins; non-billable work associated with service not included ¹⁾)						
		1-15	16-30	31-45	46-60	61-75	76-90	91-120 ²
Initial consultation	Item number*	IO1	IO2	IO3	IO4	IO5	IO6	IO7
	Suggested fee**	n/a	\$175	\$242	\$318	\$392	\$462	\$599
Subsequent consultation	Item number	SO1 ³	SO2	SO3	SO4	SO5	SO6	SO7
	Suggested fee	\$88	\$175	\$242	\$318	\$392	\$462	\$599
Psychological assessment ⁴	Item number	PA1	PA2	PA3	PA4	PA5	PA6	PA7
	Suggested fee	n/a	\$175	\$242	\$318	\$392	\$462	\$599
Clinical psychological assessment ⁵	Item number	CA1	CA2	CA3	CA4	CA5	CA6	CA7
	Suggested fee	n/a	\$175	\$242	\$318	\$392	\$462	\$599
Neuropsychological assessment ⁶	Item number	NA1	NA2	NA3	NA4	NA5	NA6	NA7
	Suggested fee	n/a	\$175	\$242	\$318	\$392	\$462	\$599
Report preparation ⁷	Item number	RO1	RO2	RO3	RO4	RO5	RO6	RO7
	Suggested fee	n/a	\$175	\$242	\$318	\$392	\$462	\$599
Case conference ⁸	Item number	CO1	CO2	CO3	CO4	CO5	CO6	CO7
	Suggested fee	\$88	\$175	\$242	\$318	\$392	\$462	\$599
Telephone consultation	Item number	PO1	PO2	PO3	PO4	PO5	PO6	PO7
	Suggested fee	\$88	\$175	\$242	\$318	\$392	\$462	\$599
Travel time	Item number	TO1	TO2	TO3	TO4	TO5	TO6	TO7
	Suggested fee	\$63	\$106	\$160	\$213	\$266	\$321	\$374
Family or other group (of 2 clients)	Item number	F21	F22	F23	F24	F25	F26	F27
	Suggested fee (Per person)	n/a	\$88	\$121	\$160	\$196	\$230	\$299
Family or other group (of 3 to 4 clients)	Item number	F31	F32	F33	F34	F35	F36	F37
	Suggested fee (Per person)	n/a	\$58	\$81	\$106	\$131	\$154	\$200
Family or other group (of 5 or more clients)	Item number	F51	F52	F53	F54	F55	F56	F57
	Suggested fee (Per person)	n/a	\$35	\$48	\$63	\$79	\$92	\$120
Attendance ⁹ at court or legal briefings ¹³	Item number	LO1 ¹⁰	LO2	LO3 ¹¹	LO4	LO5	LO6	LO7 ¹²
	Suggested fee	n/a	\$318	\$364	\$478	\$588	\$692	\$898
Clinical file review and photocopying of file records for subpoena or other reasonable purposes ¹⁴	Item number	PC						
		The item provides for a standard fee of \$167 plus 36 cents per page for files over 50 pages in length						

For explanation of the notated numbers 1 to 13, please see footnotes on page 2. In general on this schedule, where no fee is listed (as with many 'T' codes) it is assumed that the relevant '2' item number applies or a time-based proportion of the '2' Suggested fee.

* These item numbers are not to be confused with the Medicare Benefits Schedule (MBS) item numbers.

** Suggested fees do not include GST (where applicable).