



## 2025 Fee Schedule

Service	Fee
Standard Psychology Session (46–60 minutes)	\$208
Extended Psychology Session (90 minutes)*	\$310
Family session (90 minutes)	\$330
External liaison: any communication with school/university/work/third party beyond a brief letter confirming attendance to therapy - e.g. phone calls, e-mails, reports and written applications for support (e.g. HSC special provisions, university access plans)	Charged at APS/industry suggested rate
Case conferencing Attending school meetings	Charged at APS/industry suggested rate
Cancellation and no-show fee** Within 48–24 hours Less than 24 hours or no-show	50% of session fee 100% of session fee

### Payment

Sessions must be paid in full, and I do not offer bulk billing. When you book your first session, you will need to provide your credit or debit card details, which will be securely stored in my practice management system, Zanda (previously named PowerDiary), which processes payments through Stripe. Charges will occur only if you attend a session or if a cancellation fee is triggered. If you prefer not to pay via automatic card debit, I accept bank transfers, which must be made 72 hours before the session to allow funds to clear. I do not accept cash payments.

### Medicare and Health Insurance Rebates

To access rebates for psychological services through Medicare, you must provide a GP referral letter dated prior to any sessions you intend to claim. Consult your GP to determine your eligibility for Medicare benefits. If eligible, you can claim a rebate of \$96.65 per session for up to six sessions, with an additional four sessions available after a review by your GP. After the rebate, your out-of-pocket expense for a standard session will be \$111.35. I can process Medicare claims on your behalf immediately after payment is made, and Medicare will then deposit the rebate into your designated account. Additionally, sessions may be eligible for claims through private health insurance; please contact your insurer to understand your eligibility, coverage, and claims process.

You are welcome to access services as a private pay client, as GP referrals are not necessary to start therapy. This option is often preferred by those who want to keep their treatment confidential from third parties like Medicare or insurers, or who wish to avoid the medical appointments and paperwork requirements to claim rebates.

\*Extended sessions qualify for the same Medicare rebate as standard sessions.

\*\*The cancellation/no-show fee applies regardless of the cancellation reason and is non-negotiable. It may be waived if the session can be rebooked for the same day, but this availability is not guaranteed.